

Life
Mission
Associates
presents . . .

Fulfill Your Soul's Purpose

A Comprehensive
Program for Self Study

Books • Lectures
Life Design • Tapes • Consults



Five Star Review!

"A wonderful guide!"
- Amazon.com reviewer

Self-guided tools & programs to help you:

- Identify and manifest your calling
- Overcome emotional roadblocks
- Inspire others by example
- Give your life meaningful direction
- Discover that special niche for your talents
- Create a better world

more

Life Mission Associates
P.O. Box 182
Ojai, CA 93024-0182

Naomi Stephan, Ph.D. ASCAP
Sue Carroll Moore, LCSW, ASCAP

Life Mission
Associates

Dear Friends of LMA:

Since 1982, Naomi and I have been partners in a conspiracy to set people free to pursue their unique mission. We call our program **Fulfill Your Soul's Purpose**, based on our two books, the **Fulfill Your Soul's Purpose** Book and accompanying **Workbook**.

FYSP is a coaching and counseling model with multiple adaptations. Whether you are a guidance counselor, career development professional, therapist, teacher or individual seeker, you will find LMA's tools tried and true, based on our combined years of experience in education, training, social work, and psychotherapy. We have helped thousands of people to find their mission. Here are some comments:

Delightful, motivational and practical ... Spiritual, but contains the nuts and bolts ... Good stuff! Thank you! ... Linking spirit and meaning to career pathing ... Please keep up the great work ... It is so inspirational ... The process is deeply revealing ... nothing less than life saving ... We accomplished more in one hour than I have in 10 sessions with my other counselor ... You're a terrific team!

Naomi received her Ph.D. from Indiana University in German and music, and a degree in Voice from the College of Music in Berlin, thanks to two Fulbright Scholarships and a German Government Grant. As professor, consultant, mentor and coach, Naomi has helped people find their calling. In 1982, she formed LMA and wrote **Fulfill Your Soul's Purpose** in collaboration with Sue. From performing as a soloist, she turned to choral composition in 1990. Naomi has received numerous commissions and grants for her works.

Sue received her B.A. in English Literature from Northwestern University, and an M.A. in Clinical Social Work from the University of Chicago. She worked in community mental health in a variety of settings as chief of social services and senior therapist until 1982, when she founded Life Mission Associates and her private practice. Trained in Gestalt and family systems, Sue offers couple counseling as well as career development for couples and individual seekers here and abroad.



Naomi Stephan, Ph.D. Sue Carroll Moore, LCSW

About Our Services

Life Mission Associates offers a comprehensive line of services based on our core belief that everyone has a mission. This mission goes beyond career to embrace the whole person. Open up a new door to understanding your unique purpose in life by choosing among the following services:

Coaching:

Life Mission coaching is a short-term, self-empowering process, based on self responsibility and a clear-cut partnership contract. We use assessment tools, written homework and other assignments to reinforce your learning. Our common goal is that you discover and manifest your mission, and live life with purpose and intention. Coaching can be done face to face, by telephone or e-mail, or in any combination. See our website for more information.

Psychotherapy:

Conducted at the LMA office, at your home, by telephone or by e-mail, or a combination thereof, psychotherapy is a guided process of self-discovery to help you manifest a more purposeful life. Sue's specialties are short or long term therapy, crisis intervention, grief counseling, couple and partnership work.

Programs and Talks:

In the past 20 years, we have traveled across the US, Canada & continental Europe to conduct our dynamic *Fulfill Your Soul's Purpose* programs and talks. To arrange a program at your company, church, or organization, contact LMA directly.

Life Mission Training Program

For professionals, coaches, therapists, teachers, or business trainers who wish to incorporate and teach life mission principles, we offer a certification program. Individually designed to your training needs and learning curve, this program enables you to effectively coach or teach life mission principals and incorporate it into your particular context and goals. Ask for our separate brochure, or you may download it off our web site.

contact us

phone: 800-957-8888 • 805-640-9118 • fax: 805-640-9709

mailing address: LMA, Box 182 Ojai, CA, 93024-0182

website: www.lifemissionassociates.com

e-mail: nstephan@lifemissionassociates.com or smoore@lifemissionassociates.com

Tools for a Better You! Books and Products:

Life Mission products are geared for: self guided study, group work or together with a mentor, coach or therapist.

Fulfill Your Soul's Purpose:

10 Creative Paths to Your Life Mission

Naomi Stephan, Ph.D.

Blue Dolphin Press \$15.95

Through discussion, case histories and exercises, **FYSP** focuses on the creative, intuitive work needed to find your calling. Naomi shows how to live your life with intention, achieve clarity of purpose, make choices in sync with your style, and experience the joy of a meaningful life.

The Fulfill Your Soul's Purpose Workbook:

A Guide for Self-Study

Sue Moore, LCSW & Naomi Stephan, Ph.D.

Life Mission Associates Press \$14.95

Be your own guru and empower yourself with this guide for self study! This workbook is packed with step-by-step practical exercises, clues to access your mission, and an action plan. A handy lay flat design affords ample room for exercises and notes. Ideal for classroom or workshop use.

Life Mission Audio Cassettes

Finding Your Life Mission:

Bringing Down the Walls \$8.00

Features four creative ways to bring down barriers separating you from your mission, underscored with music and anecdotes.

Finding Your Life Mission:

Clues To Your Secret Love \$8.00

Avoid a heart bypass with this heart-to-heart talk.

Fulfill Your Soul's Purpose Book on Tape \$22.00

Read by the author. 180 minutes on two tapes. Includes excerpts from Naomi's choral music.

All four tapes: \$35.00

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P.O. Box 182

Ojai, CA 93024-0182

Name: _____

Business/Title: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone(wk): _____ (hm): _____

cell: _____ E-mail: _____

Books:	Price	Qty	Total
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<i>Fulfill Your Soul's Purpose</i> (book)	15.95	_____	_____
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<i>Fulfill Your Soul's Purpose Workbook</i>	14.95	_____	_____
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Tapes:	Price	Qty	Total
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<i>Bringing Down the Walls</i>	8.00	_____	_____
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<i>Clues To Your Secret Love</i>	8.00	_____	_____
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<i>Fulfill Your Soul's Purpose</i> (book on tape)	22.00	_____	_____
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<i>All Four Tapes</i>	35.00	_____	_____
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Subtotal: _____

Shipping & Handling

for shipments in the continental U.S.:

Books: \$5 for 1st book, \$1 for each book thereafter

Tapes: \$1 for 1st tape, \$.50 for each tape thereafter

No shipping charge on tapes with any book order!

Total Shipping: _____

Tax: (CA residents must add .0725 sales tax)

Total Tax: _____

Total: _____

Send Check or Money Order to address above. Allow 2-4 weeks for delivery. Credit card purchases for the above can also be made from our website.

Workbook	5 - 19	20%
Bulk	20 - 47	30%
Discounts!	48(carton)	40%

(When ordered directly from LMA only)

